



New Hope Counseling Services
A ministry of Chesterfield Presbyterian Church
15063 Clayton Road
Chesterfield, MO 63017

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A MINISTRY OF
CHESTERFIELD
PRESBYTERIAN
CHURCH

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New Hope News

Connecting Hurting Hearts to a Living Hope

April 2010

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A New Hope Note from the Director:

Celebrating 10 years...

This May, New Hope Counseling Services will celebrate ten years since our official opening in 2000. God has been so faithful in how he has provided for this ministry of Chesterfield Presbyterian Church. He has not only brought staff members to New Hope who are professionally trained with years of experience but they most of all have a love for the Lord and see it as a privilege to meet with those who come for counseling.

In those ten years there have been thousands of individual and group sessions addressing a number of different issues. Through the course of counseling there are so many moments when one is able to see that God is true to his word when he says in the psalms that He is, "Close to the brokenhearted and saves those who are crushed in spirit."



New Hope Counseling provides a full range of Biblically-based counseling services, including marriage and family counseling, premarital counseling, therapy groups, as well as counseling for youth and individuals. For more information, please feel free to call us at 636-394-7015 or visit our website at www.newhopecounseling.com.

In Christ,

Michael Coggin, MAC, MDIV, LPC, NCC
New Hope Director



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10 Year Anniversary Statistics

Over the past 10 years, we have grown and changed, helping thousands through counseling in individual and group sessions. Here are some statistics showing just how we have grown:

In 2000, our first year we had:

- 4 counselors on staff
- About 1000 counseling sessions.

In 2010, we have:

- 9 counselors on staff and 1 intern
- Approximately 3,600 sessions per year.
- Of those sessions, about 20% are held with members of CPC, and the rest with members from other churches or the community at large.



Staff
Profile:

Jean
Chen,
MAC,
PLPC

Jean holds a Master of Arts in counseling from Covenant Theological Seminary and is a provisionally licensed professional counselor with the state of Missouri. She also has an MBA from Northwestern University. Jean and her husband have two grown children. As a therapist, Jean helps people communicate and connect in healthy ways that honor God and each other. Jean has a real passion for women, couples and families who are dealing with conflict, anxiety, stress, depression, co-dependency, addiction, perfectionism, and transitions in life. Jean also has a heart for working with women who have suffered from broken relationships and from current or past abuse. Jean counts it a privilege to walk alongside people journeying toward hope and healing.

Have an old cell phone just sitting around and wonder what to do with it? Did you know that your old cell phone can be a valuable donation to the ministry of New Hope? Just contact us at New Hope. We will be glad to process the donation for you. We use an online service called Creative Giving Solutions to handle donations of all non-cash assets. You will receive a gift-in-kind receipt, and New Hope will receive the proceeds from the cell phone, or any other assets. Please contact Beth at New Hope for more information at bethm@chespres.org or 636-394-7015 ext. 120.

**GIVE IN
NEW WAYS**

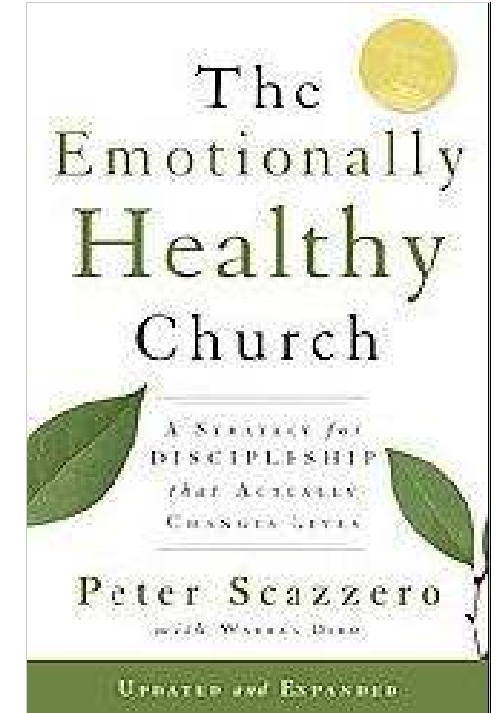
Book Recommendation: *The Emotionally Healthy Church* by Peter Scazzero

New Life Fellowship in Queens, New York, had it all: powerful teaching, dynamic ministries, an impressive growth rate, and a vision to do great works for God. Things looked good—but beneath the surface, circumstances were more than just brewing. They were about to boil over, forcing Peter Scazzero to confront needs in his church and himself that went deeper than he'd ever imagined. What he learned about the vital link between emotional health, relational depth, and spiritual maturity can shed new light on painful problems in your own church. Here are refreshing new insights, and a different and challenging slant on what it takes to lead your congregation to wholeness and maturity in Christ.

Our churches are in trouble, says Scazzero. They are filled with people who are · unsure how to biblically integrate anger, sadness, and other emotions · defensive, incapable of revealing their weaknesses · threatened by or intolerant of different viewpoints · zealous about ministering at church but blind to their spouses' loneliness at home · so involved in "serving" that they fail to take care of themselves · prone to withdraw from conflict rather than resolve it

Sharing from New Life Fellowship's painful but liberating journey, Scazzero reveals exactly how the truth can and does make people free—not just superficially, but deep down. After offering a new vision of discipleship and a revealing, guided self-assessment of your own spiritual and emotional maturity, *The Emotionally Healthy Church* takes you through six principles that can make a profound difference in your church. You'll acquire knowledge and tools that can help you and others · look beneath the surface of problems · break the power of past wounds, failures, sins, and circumstances · live a life of brokenness and vulnerability · recognize and honor personal limitations and boundaries · embrace grief and loss · make incarnation your model to love others.

Written in a personal and passionate style, *The Emotionally Healthy Church* includes hands-on tools, discussion questions, spotlights on key points, and story after story of people at New Life whose lives have been changed by the concepts in this book. Open these pages, and find out how your church can turn a new corner on the road to spiritual maturity.



(from the back cover of the book)